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YOUR PROVIDERS

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OUR OFFICE LOCATIONS

3023 Hamaker Court
Suite 210
Fairfax, VA 22031
Office: (703) 698-8060
Fax: (703) 876-4691

13135 Lee Jackson Memorial Hwy.
Suite 200
Fairfax, VA 22033
Office: (703)-698-8060
Fax: (703) 620-1364

AFTER HOURS/WEEKEND DIRECT PAGING NUMBER

571-210-6024

(If you call our office number after hours/weekends, it will also prompt you to page us.)

FOR URGENT PREGNANCY CONCERNS

CALL OR PAGE US! There is a physician on call and available **24/7** to address your urgent concerns. We would **ALWAYS** rather you call or page us and have everything be ok than for you to wait or worry with an urgent problem.

These are the urgent pregnancy concerns **WE WANT** you to call us about:

- If you think you are in labor
 - If you are < 37 weeks, more than 5 contractions within an hour
 - If you are > 37 weeks AND it is your first baby, contractions every 5 minutes apart or less for 2 hours consistently
 - If you are > 37 weeks AND it is NOT your first baby, contractions every 7-8 minutes apart or less for about an hour
- If you have decreased fetal movement
 - Try kick counts if you are > 28 weeks by drinking something cold and/or sugary (if you are not diabetic), lay on your left side and place your hands on your belly, and count how many times the baby moves; the baby should move at least 10 times within 2 hours
 - Or call/page us right away
- Vaginal bleeding
- Leaking of fluid
- Any other urgent concerns that you are not sure what to do about

SPECIALIZING IN OBSTETRICS, GYNECOLOGY AND INFERTILITY

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